

The Department of Obstetrics and Gynaecology, Himalayan Institute of Medical Sciences, SRHU, Dehradun organised a CME on “Stillbirth Prevention: Saving Unborn Lives” on 18<sup>th</sup> May 2024. The aim of the CME was to create awareness regarding the burden of stillbirths in our country and various measures to reduce its incidence. The Chief Guest, honourable Vice Chancellor, SRHU, Dr Rajendra Dobhal, delivered a keynote address regarding the importance of providing proper antenatal care to all pregnant ladies to prevent stillbirths. He also emphasised on the need of ‘Rainbow Clinics’ that are dedicated for care in subsequent pregnancy after stillbirth. Prof. Ashok Deorari, the Principal, HIMS, addressed the audience regarding the quality perinatal care to decrease stillbirth rate and enlightened on WHO Every New-born Action Plan (ENAP) to attain ‘Single Digit Neonatal Mortality Rate (NMR) and ‘Single Digit Stillbirth Rate (SBR) by 2030. The event was also graced by the presence of Dr Hem Chandra, Director Hospital Services, SRHU and Prof. Mushtaq Ahmad, Director Medical Services, SRHU.

Prof. Tamkin Khan, Professor Department of Obstetrics and Gynaecology, Aligarh Muslim University, who is the Secretary Stillbirth Society of India was the Guest of Honour for the occasion. Stillbirth Society of India is a non-profit organisation which is constantly striving to reduce the stillbirth rate in the country. She delivered an informative lecture on the approach and management of unexplained stillbirths. She also educated us on how to deal with families with the history of stillbirths and bereavement care. There was a case-based panel discussion on common preventable problems like Hypertensive disease of Pregnancy, Fetal Growth Restriction, Gestational Diabetes Mellitus, Intrahepatic cholestasis of pregnancy which was moderated by Prof. Ruchira Nautiyal, Professor and head Department of OBG, HIMS who was also the organising chairperson of the CME. Dr Uma Rawat, Medical Officer, MCH and NHM presented the statistics of stillbirth rate in our region and emphasised on reporting each case of stillbirth to HMIS portal of UK Government. As placenta is the diary of stillbirth, Prof. Smita Chandra, HOD dept. of pathology highlighted the role of histopathological examination of placenta in stillborn deliveries. Faculty members from the Department of Neonatology (Dr Chinmay Chetan) and Pediatrics (Prof. Anil Rawat) also attended the CME and discussed the significance of fullterm deliveries besides providing valuable inputs in the case based panel discussion. There was also a talk on fetal surveillance to reduce stillbirths by Dr Enas Mushtaq, the organising secretary of CME. The CME was also attended by the senior faculty and postgraduate residents Department of Obstetrics and Gynaecology from Aligarh Muslim University, AIIMS Rishikesh, Government Doon Medical College, SSGRIM &HS, GMC Haldwani as well as leading consultants from Doon Valley. There was also a brain storming PG Quiz of young budding gynaecologists, moderated by Prof. Purnima Upreti, Professor Dept of OBG, HIMS. The session was concluded by the vote of thanks.