

# Stillbirth Society of India

*Preventing death before birth*

## SBSI Safe Baby Bundle

1. Regular antenatal checkups
2. Healthy balanced diet
3. Monitor weight
4. Monitor baby's movements
5. Quit smoking/ tobacco
6. Sleep on your side
7. Institutional Delivery



For more information visit our website:  
<https://www.stillbirthindia.org/>.